

# ❖ The Trout House at Rushing Waters ❖

## Lunch Menu

### Small Plates

<b>Maryland Style Fresh Crab Cakes*</b> .....	\$13
Our signature crab cakes grilled and served with remoulade	
<b>Smoked Rainbow Trout Bruschetta*</b> .....	\$9
Toasted crostini with cream cheese, house made bruschetta, chopped smoked rainbow trout, drizzled with balsamic	
<b>Cajun Blackened Pork Tenderloin Medallions*</b> .....	\$11
Seasoned and blackened pork tenderloin medallions. Served with a Mediterranean cream sauce.	
<b>Haystack Onion Rings with Ranch Dressing</b> .....	\$8
Yellow onion soaked in buttermilk mixture, breaded, flash fried and served with ranch dressing	
<b>Deep Fried Cheese Curds</b> .....	\$8
Hand battered white cheddar curds served with ranch dipping sauce	
<b>Thai Basil Mussels*</b> .....	\$11
Trout House mussels steamed with fresh basil, served in a white wine-garlic butter and spicy Thai sauce	
<b>Flash Fried Calamari with Marinara Sauce*</b> .....	\$11
Fresh calamari marinated in cream, battered, and fried, served with marinara	
<b>Sautéed Garlic Shrimp*</b> .....	\$12
Wild gulf shrimp sautéed in a white wine-garlic butter sauce	
<b>Smoked Fish and Cheese Board*</b> .....	\$13

### Soups and Salads

<b>Smoked Rainbow Trout Chowder-</b> .....	Cup 4/Bowl 6
<b>Chef's Soup D' Jour</b> .....	Cup 3/Bowl 5
<b>Classic Caesar Salad-</b> .....	Plain Small 8/Entrée 12
Chopped romaine with parmesan, croutons, red onion, sliced hardboiled egg tossed in our house made Caesar dressing	
<b>+ Add chicken or shrimp for additional \$5</b>	
<b>Cranberry Chicken Walnut Salad</b> .....	Small 9/Entrée 14
Fresh Organic greens topped with raisins, grape tomato, candied walnuts, gorgonzola cheese, topped with a raspberry vinaigrette	
<b>Ahi Tuna Salad *</b> .....	Small 11/Entrée 16
Pan seared, Ahi Tuna, fresh greens, wakami seaweed, mandarin oranges, mango pineapple salsa, red onion, grape tomato, candied almonds; with Sesame ginger vinaigrette.	

## *Entrées, Wraps and Sandwiches*

- Chicken Ciabatta Sandwich\*** ..... \$10  
Chargrilled chicken breast topped with Swiss cheese, lettuce, tomato, red onion, bacon, and pesto mayo served on a ciabatta roll
- Trout House Cowboy Burger\*/ Naked or with Cheese** ..... \$11  
Chargrilled 1/3 lb. grass-fed beef topped with cheddar, BBQ sauce, haystack onion rings served on a brioche bun  
**+ Substitute Short-Rib Brisket Patty / \$2**
- Alaskan Salmon Burger\*** ..... \$10  
Grilled wild Alaskan salmon patty with peppercorn mayo, lettuce, tomato, and red onion served on a brioche bun
- Maryland Crab Cake Sandwich\*** ..... \$14  
Our signature crab cakes grilled and topped with remoulade, lettuce, tomato, and red onion served on a brioche bun
- Mahi Mahi Tacos\*** ..... \$11  
Breaded Mahi strips fried then served on corn tortillas with jicama slaw and mango pineapple salsa. Topped with a Sweet and Spicy Coulis.
- Smoked Rainbow Trout Wrap\*** ..... \$11  
Our smoked rainbow trout with bacon, lettuce, pesto mayo, avocado, red onion wrapped in a flour tortilla
- Grilled Chicken Club Wrap\*** ..... \$11  
Grilled chicken breast, avocado, bacon, lettuce, tomato, red onion, Swiss cheese, and pesto mayo wrapped in a flour tortilla
- Smoked Trout Quesadillas\*** ..... \$10  
Our smoked trout, crimini mushrooms, cheddar, mozzarella, and peppercorn mayo grilled in a flour tortilla
- Rushing Water's Rainbow Trout Shore Lunch\*** ..... \$14  
Beer battered or pan fried rainbow trout served with seasonal veggies, coleslaw, rye bread, potato pancakes, or fries
- Pulled Pork Sandwich\*** ..... \$9  
Slow roasted pork served with BBQ sauce, jicama salad on a brioche bun.
- Chef's Pasta Primavera** ..... \$12  
Fettucine pasta tossed in our house alfredo sauce served with seasonal veggies

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. These items are marked with an asterisk.\**

